

May 2004 Activities
May is Mental Health Awareness Month

May 4th, 2004 A "Celebration of Recovery"

- Lieutenant Governor Barbara Lawton will host a "Celebration of Recovery" and reception in her Capitol office. As a part of the celebration, there will be the release of a new book that highlights the work of the Wisconsin Recovery Task Force. The author, Nora Jacobson will discuss her book, In Recovery: The Making of Mental Health Policy, written based upon interviews with Wisconsin mental health consumers.

The "Celebration of Recovery" launches Wisconsin's observance of Mental Health Awareness Month with featured consumer presentations of personal journeys of recovery and the launching of a statewide anti-stigma initiative. A reception will be held from 4:00 p.m. to 5:30 p.m. on Tuesday, May 4th. The public is invited.

May 8, 2004 6th Annual Walk for Suicide Awareness

- This annual walk is sponsored by HOPES, which stands for Helping Others Prevent and Educate about Suicide. The walk is a fund raising event to raise awareness to their mission of education and advocacy for suicide prevention.

May 9-15, 2004 National Women's Health Week

- The U.S. Department of Health and Human Services will celebrate the second annual National Women's Health Week from May 9-15. As a part of the week on:

May 13, 2004 Perinatal Depression Awareness Day

- The Wisconsin Women's Health Foundation and the Perinatal Depression Task Force are combining efforts to raise awareness to maternal anxiety and depression during and after pregnancy, which has serious effects on women, their infants/children, and family members. Wisconsin United for Mental Health may offer online screenings on its web site.

May 22-23, 2004 The National Alliance for the Mentally Ill (NAMI WI) Conference

- NAMI Wisconsin will be holding its 23rd annual State Conference in Appleton at the Radisson Paper Valley Hotel. The theme for this year's conference is "Mission Possible" to reflect their positive outlook for important advances in medications and treatment for all mental illnesses.